



Renosterveld Retreat

A warm Welcome to our Renosterveld Retreat

The rhythm of safari life, whether on or off the vehicle, facilitates a deep engagement with the awe-inspiring, vast landscape of the Klein Karoo, sharpening the senses of reawakening our need to reconnect with nature and benefit from its healing power for body, mind and soul.

A variety of wellness treatments are offered to our Guests.

Massages, manicures and pedicures can be enjoyed indoors, in our private spa treatment room or outdoors, depending on the time of year and each guest's preference and comfort.

Our experienced, trained therapists are available throughout the day and into the early evening to work their magic.

The team works exclusively with a South African product range, called Fijn Botanicals, which incorporates healing, nourishing and hydrating properties of the Renosterveld and Fynbos botanicals.

Our Bespoke Products: Fijn Botanicals

The organic farm Kogman & Keisie is home to Fijn Botanicals natural skincare, amenities and perfumery, made with natural, plant derived ingredients and Fynbos oils.

Every product contains pure and highly concentrated fynbos essential oils from the Langeberg area, Cederberg mountains and Kouga Valley.



@

Renosterveld Retreat

TREATMENT MENU

*** White Lion Rejuve Package ***

Indulge in a full-body massage, expertly crafted to release tension and restore balance. This treatment is complemented by a rich, creamy body polish, meticulously blended from avocado butter, essential oils and fijn botanicals salt to exfoliate and nourish your skin. Conclude your rejuvenation journey with a relaxing soak in our outdoor hot tub, surrounded by serene natural beauty.
75 MINS massage – R1450

*** Swedish Massage ***

Experience the ultimate relaxation with a Swedish massage. This classic massage technique uses long, gliding strokes, kneading, and circular movements on the topmost layers of muscles. Designed to enhance circulation, ease muscle tension, and promote overall well-being. A Swedish massage is perfect for those seeking relaxation and stress relief.
60 MINS – R900 | 90 MINS – R1400

*** Sports Massage ***

Enhance your physical performance and recovery with a sports massage. This targeted therapy focuses on specific muscle groups used in athletic activities. Techniques include deep tissue manipulation, stretching, and trigger point therapy to alleviate muscle tension, improve flexibility and prevent injuries. Ideal for athletes and active individuals.
A sports massage helps maintain peak performance and expedite recovery.
60 MINS – R900 | 90 MINS – R1400

*** Indian Head Massage ***

Experience deep relaxation and rejuvenation with an Indian Head Massage. This ancient therapeutic practice focuses on acupressure points along the head, neck, and shoulders. Using gentle yet firm techniques, this massage helps relieve tension, reduce stress, and promote a sense of calm and clarity. Perfect for alleviating headaches, improving circulation, and enhancing mental well-being.
40 MINS – R500

*MINIMUM TREATMENT AMOUNT IS R1400.

*GROUP BOOKINGS OF 4 PERSONS OR MORE WILL BE DISCOUNTED BY 5%.

* SUBJECT TO AVAILABILITY

* BOOKINGS BEFOREHAND IS ESSENTIAL

* PAYMENT OPTIONS: CARD, ELECTRONIC TRANSFER OR CASH

NAIL CARE

MANICURE

Whether you like your nails short and sweet, square, almond or oval, there's a reason why manicures are one of the most popular beauty treatments for women today. From natural, french to gels, a professional mani will buff your hands and nails to perfection and with many colors to choose from, will put the perfect finishing touch on any outfit.

Express Manicure

Our professional nail technician will provide a quick cuticle-clean up, file, shape and buff the nails (no exfoliant, massage & paint)

Express Manicure	30 mins	R270.00
Morgan Taylor Polish	only	R 50.00
French Polish	only	R100.00
Gelish	only	R180.00
Soak off	only	R100.00

Classic Manicure

Your nails are trimmed, shaped and buffed, cuticle oil is applied, and cuticles are managed. You will enjoy a wonderful relaxing soak and hand massage.

At the end a standard nail polish or Gel can be applied.

Classic Manicure naked (no Polish)	50 mins	R350.00
Classic Manicure Morgan Taylor Polish	60 mins	R400.00
Classic Manicure with French Polish	60 mins	R450.00
Classic Manicure with Gel Polish (Gelish)	75 mins	R530.00

Signature Manicure – Renosterveld Luxury Hand Spa Ritual –

Treat your most stressed areas of your body, hands and arms, by starting a botanical scrub, following by a hand & arm massage melting away all tension.

A detoxing hand mask will benefit your entire body.

The treatment includes a hand exfoliation, followed by a relaxing massage and a mask. Your nails will be shaped to perfection. You can finish off the nails with a polish or a gel.

Signature Manicure naked (no Polish)	60 mins	R450.00
Signature Manicure Morgan Taylor Polish	70 mins	R500.00
Signature Manicure with French Polish	75 mins	R550.00
Signature Manicure with Gelish	90 mins	R630.00

PEDICURE

Perfect for removing hard dead skin cells from your feet. A spoiling pedicure is perfect for keeping your toenails in clean working order. Expect to leave with smooth skin, healthy, shaped toenails and a pop of your favorite nail polish as the finishing touch.

Express Pedicure

Our professional nail technician will provide a quick cuticle-clean up, foot file, shape and buff the nails (no exfoliant, massage & paint)

Express Pedicure	30 mins	R290.00
Morgan Taylor Polish	only	R 50.00
French Polish	only	R100.00
Gelish	only	R180.00
Soak off	only	R100.00

Classic Pedicure

Your nails are trimmed, shaped and buffed, cuticle oil is applied, and cuticles are managed. You will enjoy a wonderful relaxing soak, removal from dead skin and foot massage. At the end a standard nail polish or Gel can be applied.

Classic Pedicure naked (no Polish)	50 mins	R380.00
Classic Pedicure Morgan Taylor Polish	60 mins	R430.00
Classic Pedicure with French Polish	60 mins	R500.00
Classic Pedicure with Gel Polish (Gelish)	75 mins	R560.00

Signature Pedicure – Renosterveld Luxury Foot Spa Ritual –

Treat your most stressed areas of your body, feet and legs, by starting a botanical scrub, following by a foot & leg massage melting away all tension.

A detoxing foot mask will benefit your entire body.

The treatment includes a foot exfoliation, followed by a relaxing massage and a mask.

Dry skin will be removed. Your nails will be shaped to perfection.

You can finish off the nails with a polish or a gel.

Signature Pedicure naked (no Polish)	60 mins	R480.00
Signature Pedicure Morgan Taylor Polish	70 mins	R530.00
Signature Pedicure with French Polish	75 mins	R580.00
Signature Pedicure with Gelish	90 mins	R660.00

RELAXATION

fijn Foot Ritual

A relaxing pressure point massage from the tip of your toes to the knee.

A must for tired feet, caps, water retention and circulation

Treat the most stressed area of the body with a Fijn Renosterveld salt scrub, followed by a foot and calf massage, melting away all tension.

Foot Ritual	30 mins	R440.00
-------------	---------	---------

fijn Hand Ritual

A relaxing pressure point massage from the tip of your fingers to the elbow.

A must to relax muscles, reduce stress symptoms, increase blood flow, increasing mobility and flexibility in the wrists and fingers.

Treat the most stressed area of the body with a Fijn Renosterveld salt scrub, followed by a hand and arm massage, melting away all tension.

Hand Ritual	30 mins	R440.00
-------------	---------	---------